

CAMP OR PROGRAM ITINERARY / AGENDA SAMPLE

Name of Group

Dates

As you include your itinerary or agenda be sure to include registration, meals, activity times, breaks, free time, special events, field trips, instructional or practice time or other structured activities, competitions, any final awards ceremony or banquet in which parents may attend, and ending time of the camp or program.

	Sunday June 15	Monday June 16	Tuesday June 17	Wednesday June 18	Thursday June 19	Friday June 20
6:00 a.m.						
7:00 a.m.		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:00 a.m.		Stretching	Stretching	Stretching	Stretching	Stretching
9:00 a.m.		Session 1: Stroke Fundamentals	Session 3: Footwork	Session 5: Singles Match Strategy	Session 7: Doubles Match Strategy	Tournament Play
10:00 a.m.		Break	Break	Break	Break	Break
11:00 a.m.		Skills Practice	Skills Practice	Skills Practice	Skills Practice	Continue Tournament Play
12:00 p.m.		Lunch @ Cafeteria	Lunch @ Cafeteria	Lunch @ Cafeteria	Lunch @ Cafeteria	Lunch @ Cafeteria
1:00 p.m.		Check-in Welcome Seminar /Parents & Players	Session 2 Classroom Lesson: Rules	Session 4 Videotaping	Session 6: Video Analysis	Group Pictures on Univ. Blvd.
2:00 p.m.	Break		Break	Break	Break	
3:00 p.m.	Initial Workout & evaluation drill session	Conditioning Drills @ Old Gym	Group Practice @ Old Gym	Free Time Bookstore & Game Room	Ball Machine Practice	Camps Ends / Check Out from Hall
4:00 p.m.						
5:00 p.m.	Dinner @ Cafeteria	Dinner @ Cafeteria	Dinner @ Cafeteria	Dinner @ Cafeteria	Dinner @ Cafeteria	
6:00 p.m.	Evening Activity: Movie Night	Evening Activity @ SPEC / Pool	Evening Activity: Night Play / Doubles Matches	Evening Activity: Bowling & Badminton @ SPEC	Evening Activity: Night Play / Doubles Matches	
7:00 p.m.						
8:00 p.m.	Hall Rules / Games & TV time in Hall lobby	Popcorn / Games & TV Time in lobby	Nachos / Games & TV Time in lobby	Ice Cream / Games & TV Time in lobby	Pizza Party	
9:00 p.m.						
10:00 p.m.	Bed check	Bed check	Bed check	Bed check	Bed check	
11:00 p.m.						